

### HOW TO MAXIMIZE

### PATIENT SATISFACTION

(WITHOUT TURNING THE ED INTO THE DRIVE THROUGH AT BURGER KING)

"CARE MORE FOR THE INDIVIDUAL PATIENT THAN
FOR THE SPECIAL FEATURES OF THE DISEASE....
PUT YOURSELF IN HIS PLACE... THE KINDLY WORD,
THE CHEERFUL GREETING, THE SYMPATHETIC LOOK –
THESE THE PATIENT UNDERSTANDS."

Sir William Osler

### **GOALS FOR THIS TALK**

- Improve your patient satisfaction scores without compromising quality of care (or selling your soul)
- Make YOUR shift a more rewarding and enjoyable experience
- Help make you a better doctor



The Cost of Satisfaction: A National Study of Patient Satisfaction on Health Care Utilization, Expenditures, and Mortality, Arch Int Med 2012.



### THE WRONG APPROACH

SUPPLANTING EVIDENCE BASED MEDICINE (EBM) WITH "SATISFACTION-BASED" MEDICINE (SBM)

# PATIENT SATISFACTION

≠ VALUE ≠ QUALITY



### Hospital Replaces Pharmacists with "Narcotic Sommeliers"

SANTA CLARA, CA – A Bay Area hospital is making a bold move to ...



#### Doc McStuffins Forced to Resign Due to Dismal Patient Satisfaction Scores

ORLANDO, FL - Children across America are devastated after news broke today that Doc ...



#### Doctors Mandated to Rub Patients' Bellies to Improve Patient Satisfaction Scores

PENSACOLA, FL – In an effort to bolster patient satisfaction scores, doctors at Sacred Heart ...



#### After Rapid Response, Hospital Administration Organizes Rapid Satisfaction Team

Mr. Cheapest Executive Officer at Lord Have Mercy Hospital is one serious CEO who ...



#### Schizophrenics' Voices Get To Fill Out Patient Satisfaction Forms

MADISON, WI — When RN Tara Noluck got summoned to see her nursing supervisor ...

### WHY IMPROVE PATIENT SATISFACTION SCORES?

- Higher satisfaction is a placebo!
- More compliant patients may lead to better outcomes
- Reduce risk of malpractice
- Improves YOUR morale and welfare
- You become indispensable to the organization
- Protects our brand

### WHAT'S WORKING AGAINST US?

- OUR inherent biases
- Must build rapport and inspire confidence rapidly
- Long wait times



- Dr. Google MD
- Scared/vulnerable patient population



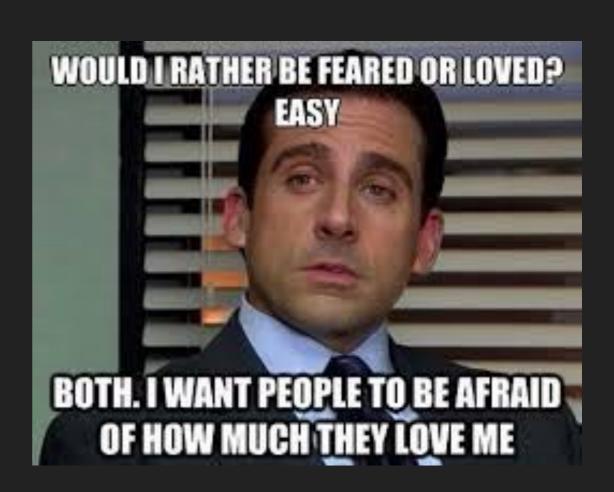


THE REALITY OF EM IS WE DON'T GET TO CHOOSE WHO COMES THROUGH OUR DOORS

## BUT THAT'S WHAT MAKES US GREAT DOCTORS

### WHAT'S WORKING FOR US?

- We can actually do stuff!
- We have the skills to connect with people in a very short period of time
- We share something really special with our patients and their families: the uniform

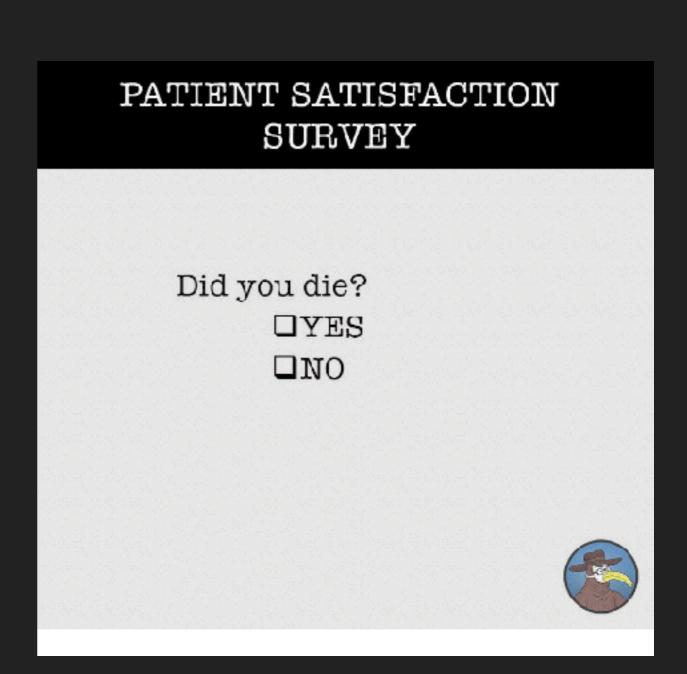


# "YOU WERE IN VIETNAM? YOU'RE THE REASON WHY FOLKS LIKE US WEAR THE UNIFORM."

Your chance to reaffirm why we do what we do and leverage what it means to serve

### HOW TO MEASURE PATIENT SATISFACTION?

- HCAHPS
  - Publicly reported inpatient survey with ED ramifications (since everyone gets admitted through ED)
  - Linked to Medicare reimbursement



### PRESS GANEY

- Does not include admitted patients
- Higher proportion of lower acuity patients (who we spend less time with)
- Does not account for institutional differences
- Not designed to compare physicians
- Need a large sample to draw any meaningful conclusions



IN A LARGE SYSTEMATIC REVIEW, THE VARIABLE CITED BY ED PATIENTS THAT HAD THE GREATEST IMPACT ON THEIR SATISFACTION WAS...

## INTERPERSONAL INTERACTIONS WITH NURSE AND PHYSICIAN

# "IF THEY LIKE YOU, THEY WILL FORGIVE YOU FOR MOST ANYTHING."

**Greg Henry MD** 

### PATIENT EXPECTATIONS IN 2017

- Compassion
- A physician that *listened*
- Physician who communicated well
- A physician who acknowledged and addressed their concerns



### "WHAT'S THE ONE THING I CAN DO TODAY TO MAKE IT WORTH YOUR TRIP?"

Your script to help figure out why the heck they are in the ED

### YOU DON'T HAVE TO PRACTICE BURGER KING MEDICINE!

- Try to find out what they are most concerned about
- ▶ We need to manage expectations AND show compassion
- If you can accommodate some of your patient's treatment expectations without compromising quality you will build rapport
- Explain why it is not in their best interest to receive a test or certain treatment



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Don't ere."

# "I'M TREATING YOU THE SAME WAY I WOULD TREAT MY OWN FAMILY MEMBER."

Adapted from The Golden Rule. My script to avoid ordering tests I don't feel are indicated

### TIPS FOR SUCCESS: ADJUST YOUR MINDSET

- The VAST majority of patients don't want to be there
- Many are embarrassed to be in ED or were told to come
- Realize that if non-emergencies never showed up we may be out of a job
- Prudent layperson standard is law
- Never lose your empathy. You do NOT have to inwardly approve of a patient's behaviors to show empathy
- Find a patient to love every shift

## "YOU DID THE RIGHT THING BY COMING IN TODAY."

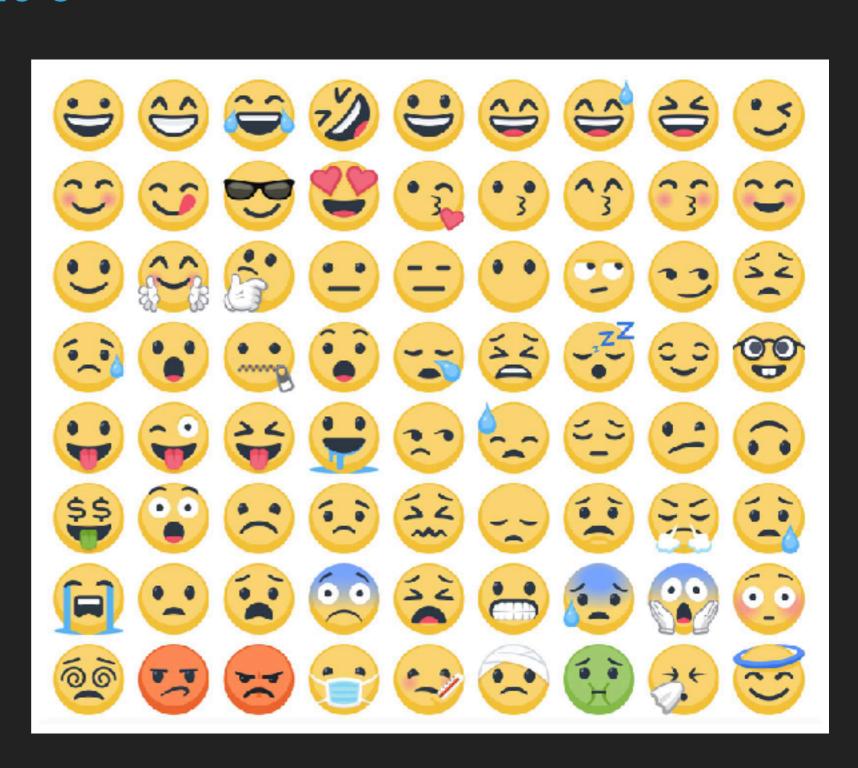
Makes patient feel like they are not an idiot and wasting everyone's time. Remember the prudent layperson standard

### TIPS FOR SUCCESS: THE INITIAL ENCOUNTER

- Greet patients ASAP!
- Ask how they would prefer to be addressed
- Sit down, make eye contact, and allow patients 1 minute up front to tell their story uninterrupted
- Acknowledge (and enlist) the family
- Establish privacy
- Write your name on the board

### **BODY LANGUAGE "NO-NO'S"**

- Checking time or picking fingernails
- Stroking your chin
- Faking a smile
- Resting hands behind head
- Crossing arms
- Foot tapping



## "I'M REALLY SORRY FOR YOUR WAIT TODAY"

This statement demonstrates empathy but does not mean you think they necessarily should have been seen sooner

### TIPS FOR

- Under
- Updat waiting
- Perceiv
- Patient
- Chowi percei



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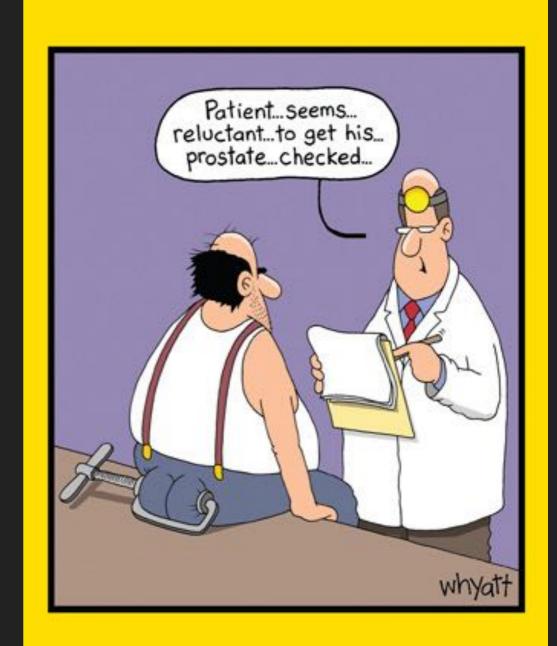
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## "CAN I GET YOU ANYTHING WHILE YOU'RE WAITING?"

Probably should be someone other than us, but the reality is it may not be.

### IS THE PHYSICAL EXAM DEAD?

- "That doctor never even examined me!"
- For simple complaints, I think it's OK to do the "orthopedics" thing with the stethoscope
- Bedside ultrasound can add brownie points



### Bedside ultrasound maximizes patient satisfaction, J Emerg Med 2014.



### PATIENTS LOVE BEDSIDE ULTRASOUND

"PATIENTS WHO HAD A BEDSIDE US HAD HIGHER SATISFACTION SCORES WITH OVERALL ED CARE, DIAGNOSTIC TESTING, AND WITH THEIR PERCEPTION OF THE EMERGENCY PHYSICIAN"

### TIPS FOR SUCCESS: THE DISCHARGE

- Spend a couple extra minutes with patient prior to discharge
  - Less likely to bounce back to ED
  - More likely to comply
  - Your last chance to fix what went wrong
- ▶ ED patients do NOT understand their discharge instructions in terms of home care (80%), return precautions (79%), when to follow-up (39%), meds (22%), and Dx (14%)

# "DO YOU HAVE ANY QUESTIONS OR CONCERNS PRIOR TO DISCHARGE?"

Your chance to mitigate a potential bad outcome

# "CAN I CALL YOUR DOCTOR TO DISCUSS YOUR CASE AND ARRANGE A FOLLOW UP?"

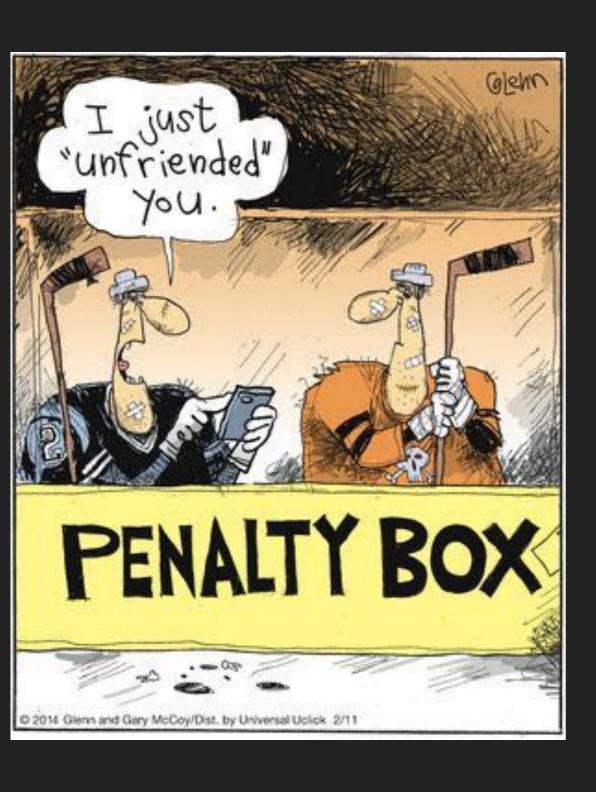
Patients love this! Also, it can improve communication for transition of care & facilitate a disposition

### SHOULD WE CALL SOME PATIENTS AFTER THE ED VISIT?

- In a study involving 30,000 Press-Ganey Surveys, ED physician call back was strongly associated with improved patient satisfaction (14th percentile vs 85 percentile in call back group)
- One RCT demonstrated elderly patients are more likely to follow up with their PCM after a ED follow up call
- My conclusion: in select patients this may be a helpful strategy and could be considered as another tool in your armamentarium

### "THEY MAY FORGET YOUR NAME BUT WILL NEVER FORGET HOW YOU MADE THEM FEEL."

Maya Angelou



### BAMC ED PATIENT SATISFACTION

### THE "ICE" BOX

### SUMMARY OF BAMC ICE BOX: COMMON PATIENT PERCEPTIONS

- At times patients feel judged for coming to ED
- Patients left alone and not updated on results
- ED may communicate one thing, consultants may communicate another (or referrals were dropped)
- Extraneous communication that is overheard
- Meds not put in CHCS
- Turnover issues

# SEVERAL PATIENTS TOOK THE TIME TO WRITE COMPLIMENTS ABOUT THE COMPASSIONATE CARE THEY RECEIVED

Let us never forget this theme

#### MAXIMIZING PATIENT SATISFACTION IN THE ED

### **SUMMARY**

- High patient satisfaction scores and quality, cost effective care are not necessarily mutually exclusive
- Let us never lose the humanistic side of medicine
- Your wellness and job satisfaction matter too! You will probably enjoy your shift more
- Your patients will be more likely to follow through and may have better outcomes
- If they like you, they will forgive most anything